

My Values

Cover Sheet

Learning Cards

This activity is designed for younger years to help educate them about what values are.

Print and cut out (or get the children to) and use the cards to facilitate discussion. For example, during a circle time, children can be chosen to flip a card. Then the class can try to come up with examples of what that value looks like e.g Benevolence = hugging my friend when they are sad.

Circle Activity

This activity is designed for children to help them understand what values are important to them.

Provide a sheet for each child with green, yellow and red pens or stickers. Ask them to read put **green** on the value they think is most important, **yellow** on the value that is second most important, and **red** on the value that is least important to them. Then they can answer the reflection questions.

If they are struggling, work with them to come up with an example of a behaviour aligned with the value, e.g achievement = always trying to win. Ask them if they would like to be a person that does that.

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Self-direction

Independent
thought and action

Tradition

Respect for traditions
and culture

Stimulation

Excitement and
challenge

Conformity

Following the rules

Hedonism

Pleasure and having
fun

Security

Feeling safe in the
world and with the
people around us

Achievement

Personal success

Universalism

Concern and care
for everyone

Self-direction

Prestige and high
social status

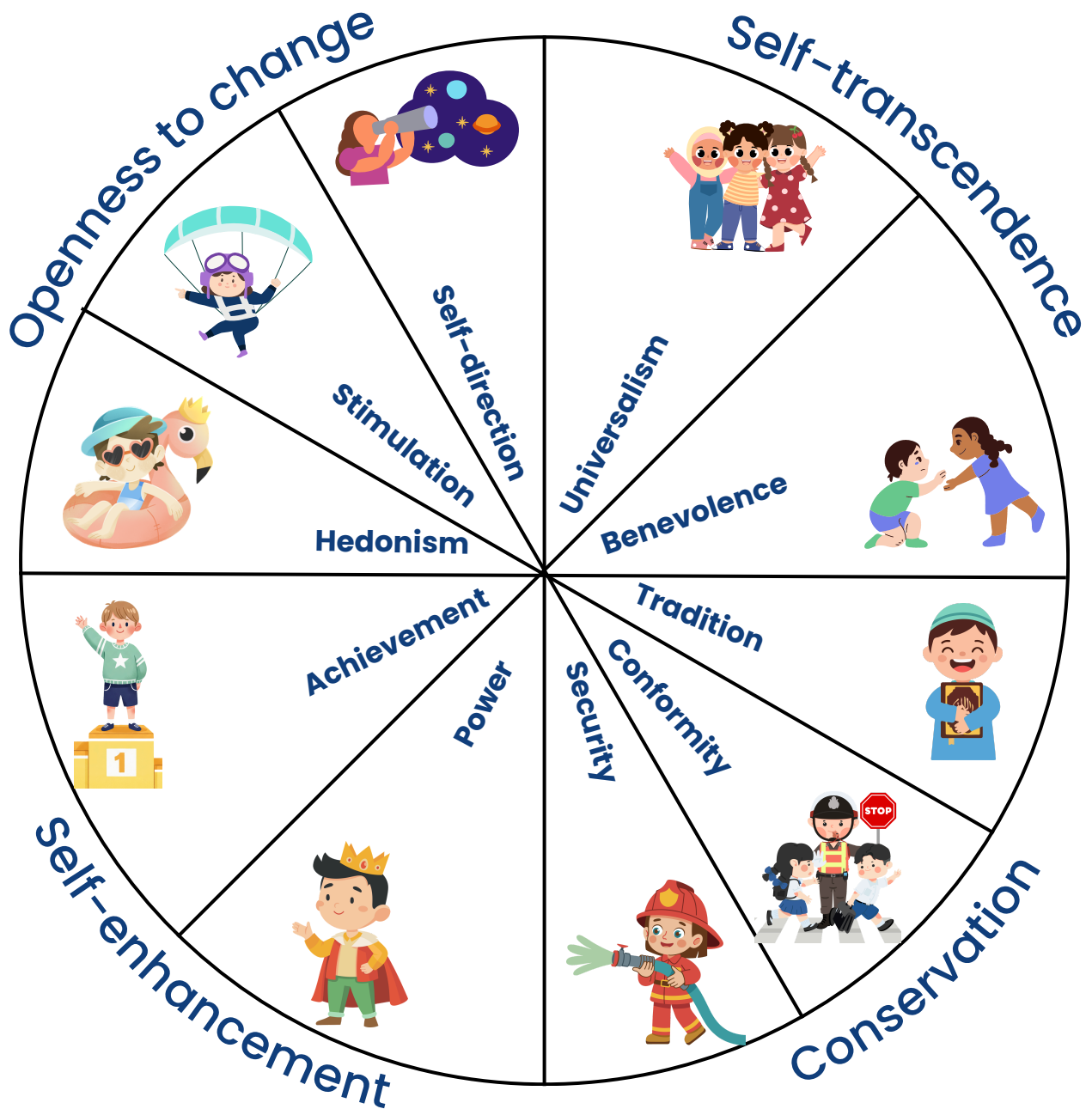
Benevolence

Concern and care
for people we know

My Values

Name

Date



My Values

My most important value is:

How can I behave according to this goal at school?

My second most important value is:

How can I behave according to this goal at school?

My least important value is:

How can I behave according to this goal at school?